

## The Benefits of Participating in Clinical Research

If asked what they know about clinical research most people are going to respond “Not much” or “Nothing at all”. In fact, according to a recent poll conducted by CenterWatch, the global center for research trial information, a full 75% of the general public state that they have little to no knowledge about clinical research. This also means that the vast majority of Americans have no idea of the potential benefits that participating in a research study can provide.

Probably the most important benefit for so many people without health insurance or limited health coverage, would be the fact that volunteers who participate in clinical trials receive all of their clinic visits, lab assessments, medical exams and study medication free of charge, as well as expert medical attention related to their health condition. Many people simply would like to help advance modern medicine, and their participation is vital in obtaining the knowledge to improve the health care for countless people. Others desire to take a more active role in their own health care, and by participating in research they may receive investigational treatments not available to the general public. There are also those who are frustrated with existing treatments and hope to find greater success with new medication. For some people participating in research is a means of obtaining more and better medical attention for a specific health condition than they would otherwise receive. Typically volunteers also receive compensation for their time and travel, so not only may there be health benefits for participating in research, but financial ones as well.

These are some of the most common reasons why people choose to participate in research studies. The question remains though for many people, just what is clinical research? That question will be answered in following articles so please keep an eye on this website page.

To learn more about medical research and what studies are currently enrolling participants please visit the website of Horizons Clinical Research Center, LLC [www.horizonscr.com](http://www.horizonscr.com) or call 303-399-4067.